



IFSC EUROPE EVENT

2023 / IFSC EUROPE EVENT

European Cup

LEAD AND SPEED

Žilina

SLOVAKIA

21-22 JULY 2023

ORGANISED BY:



Slovak Mountaineering Union JAMES

&



LA SKALA

ORGANISATION

Organisers are Host federation Slovak Mountaineering Union JAMES and its member club LA SKALA.

Host Federation:

SMU JAMES

Junácka 6

832 80 Bratislava, Slovakia

Website: www.james.sk

Mail: sekretar@james.sk

Organiser:

LA SKALA

Centrálna 8919/2

010 07 Žilina, Slovakia

Website: www.laskala.sk

Mail: info@laskala.sk

COMPETITION VENUE

Indoor Climbing Center:

LA SKALA climbing center

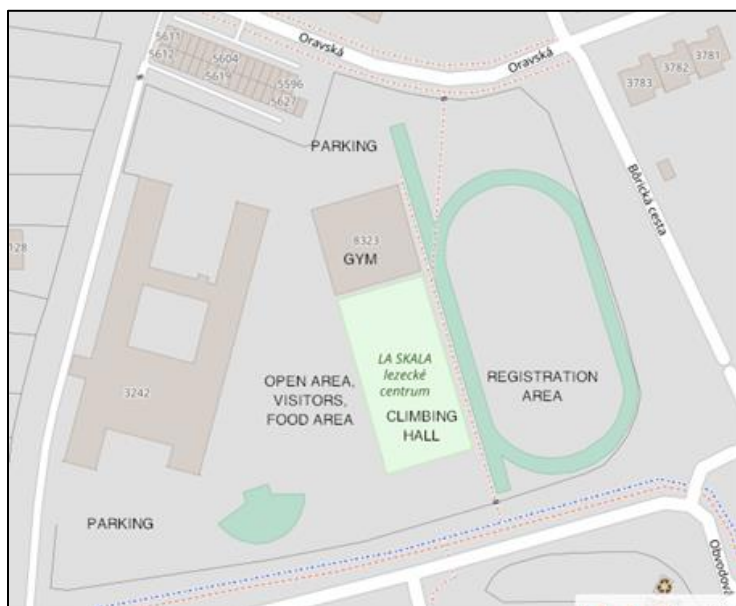
Centrálna 8919/2

010 07 Žilina, Slovakia

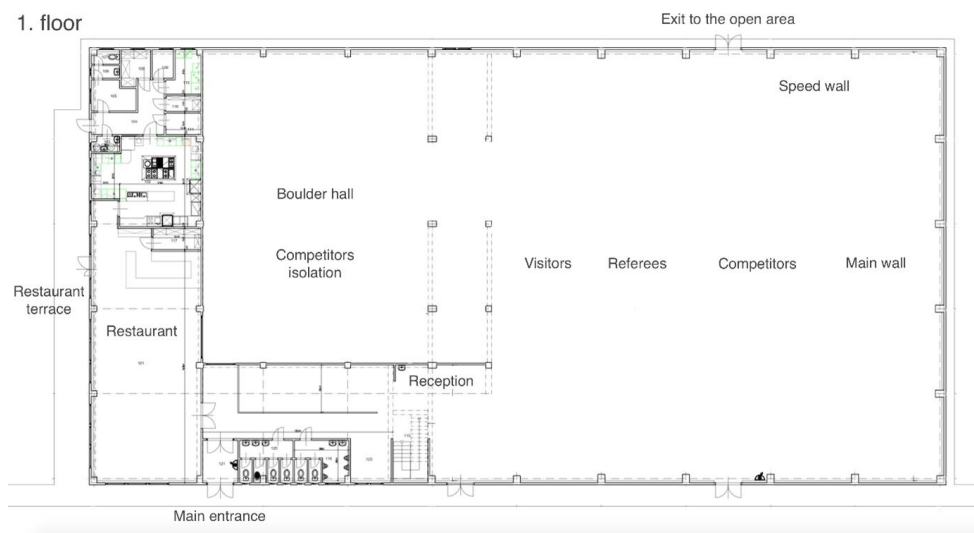
Location: [Google Maps](#)



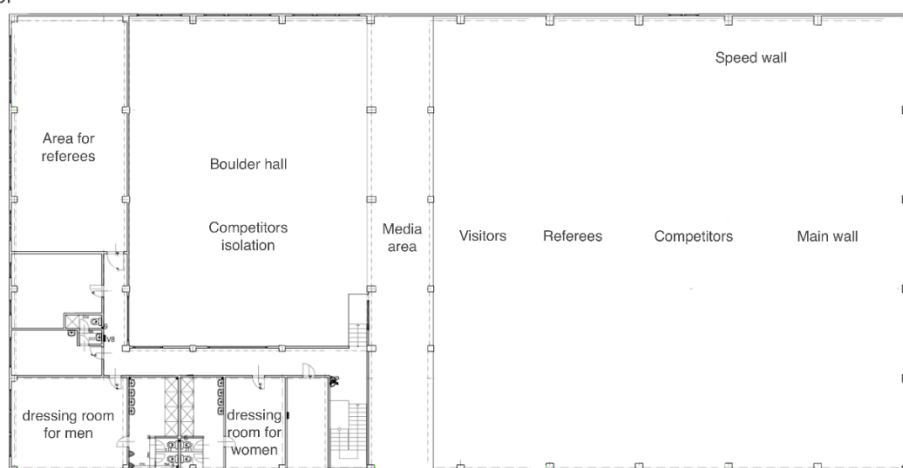
IFSC EUROPE EVENT



1. floor



2. floor



TRAVEL DETAILS

VISA:

If you need VISA invitation, please contact sekretar@james.sk before 17th June 2022. Please don't forget to attach a copy of your passport.

How to get there:

By plane

Direct plane flight to Žilina only operates locally, therefore we recommend using international airports, the closest international airports are: Bratislava (SVK), Kosice (SVK), Wien (AUT), Budapest (HUN), Prague (CZE), Krakow (POL).

By train

The main railway station in Žilina is one of the most important railway stations in Slovakia. There are direct trains from several European cities, including Bratislava (SVK), Vienna (AUT) or Prague (CZE). There is also a possibility to arrive from Budapest (HUN) and change trains in Bratislava or Vienna. You can find your train options at the national railways website: <https://www.zsr.sk/en/>

By car

Žilina is located right on the main highway D1 (E58) and is easily accessed by car. It takes about 2 hours from Bratislava, 3 hours from Vienna, 3 hours from Košice, 3 hours from Krakow, 4 hours from Budapest, 4,5 hours from Prague.

Public transport in Žilina

The event venue LA SKALA is accessible from bus stop **Rudnayova** (trolleybus 3) and **Pod hájom** (buses 50 and 67, trolleybuses 1, 7, 14), you can look up your connection through [THIS LINK](#). Tickets can be bought in paper or short message service (SMS) form, more information on ticket through [THIS LINK](#).

Bike sharing

Bike sharing services in Žilina are available through the [BikeKIA](#) app, which provides information on renting locations, fees etc.

RECOMMENDED ACCOMODATION

HOTEL	DISTANCE TO VENUE	USUAL PRICE SINGLE	USUAL PRICE TWIN
Holiday Inn	10 minutes (car) 45 min (walk)	95 € (breakfast included)	105 € (breakfast included)
Hotel Galileo	3 min (car) 15 min (walk)	48 €	50 €
Šport Hotel Bôrik	2 min (car) 7 min (walk)	46 €	54€
Penzión Kamélia	2 min (car) 10 min (walk)	55 € (breakfast included)	86 € (breakfast included)

There are also several smaller capacity Airbnb renting spots located near the event venue and several more within the town of Žilina, where many locations are reachable within a walking distance and public transport is relatively easily accessible. Booking.com also hosts several suitable locations.

FOOD

There is a restaurant right at the venue (RESTAURANT SKALA), which also provides vegetarian options for food. There are several other restaurants (Piváreň Drevená krava, Mamma Mia pizzeria, etc.) and grocery shops around. Kraj store also provides a variety of local Slovak groceries.

SUSTAINABILITY CONSIDERATIONS

Please refer to the [IFSC Europe Event Organisers Briefing Notes for the Sustainability Award](#). They can be used as guidance to help your Infosheet show how you are taking sustainability seriously.

Transport

Public transport in Žilina

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Accommodation

Holiday Inn

The hotel is within the walking distance of the train station and local transport bus stops with direct connections to the event venue.

Hotel Galileo

Located within the walking distance of the venue (15 min.). A bikesharing stand is only a couple of minutes from the hotel.

There are also several smaller capacity Airbnb renting spots located near the event venue and several more within the town of Žilina, where many locations are reachable within a walking distance and public transport is relatively easily accessible. Booking.com also hosts several suitable locations.

At the venue:

Recycling spots are located in several places of the venue. We will be pleased if participants and teams join the sustainability cause by bringing their own bottles and other equipment that can help reduce waste produced at the venue. The venue is wheel-chair accessible.

OFFICIALS

- **Jury President:** Claudia Kreuscher (AUT)
- **IFSC Judge:** Dave Suetens (BEL)
- **Event Manager:** Vladimír Mihál (SVK)
- **Chief Routesetter:** Andreas Matuska (AUT)
- **Routesetters Team:** Jakub Švub (SVK), Dávid Závacký (SVK), Denis Pail (CZE)
- **Technical Support contact:** Juraj Kvasnica (SVK)
- **VISA & COVID Manager:** Marián Baran (SVK)
- **LA SKALA climbing center & organizing club:** Dalibor Joško (SVK), Zuzana Bernatáková (SVK)
- **Media:** Radim Kovařík (SVK)

ANTI-DOPING REGULATIONS

By participating, the athlete agrees to comply with the currently valid anti-doping rules and regulations of WADA, IFSC and IFSC-Europe (statutes, competition rules, anti-doping regulations). All persons who are licensees of the IFSC or IFSC-Europe are considered as athletes and team officials.

TEAM QUOTAS AND RULES

Only competitors who are or will be at least 16 years of age in the year of the competition shall be eligible to compete.

Registration of Team Officials: Member Federations may register, within statutory deadlines, Team Officials for one of the following roles:

- (a) one (1) Team Manager.
- (b) up to two (2) coaches per discipline.
- (c) up to two (2) qualified medical or para-medical personnel.

Registration of Competitors: Member Federations may register as competitors:

- (a) up to four (4) competitors per gender in each relevant discipline.
- (b) the host federation shall be entitled to register an additional four (4) competitors per gender in each relevant discipline.
- (c) up to two (2) competitors per gender in each relevant discipline for the African council

Competition Format: according to the current IFSC Europe Rules



JAMES
Slovenský horolezecký spolok



REGISTRATION

Licenses: Only competitors and team officials with a valid IFSC international license are allowed to register for the competition.

IFSC Online Registration System: <https://ifsc.results.info/users/login>

Registration Deadline: The deadline for registration is 15 days before the first day of competition (the "Registration Date") on **July 6, 2023, 11:59 PM GMT +0**

Registration Fees: 25 € for each competitor. The Registration fee will be invoiced by the IFSC Europe to the National Federations. No cash-payments will be done on site.

It is necessary for all team managers to show the passports or ID-cards (or copies) of their competitors for on-site registration on Thursday 20th July 2022.

Confirmation of attendance for delayed arrival: In case a team is not able to make the registration in time due to flight delays or other unpredictable reasons, please contact the Jury President as soon as possible:

Claudia Kreuscher / e-mail: claudia.kreuscher@gmail.com / Phone: +43 664 8845 4374

IFSC EUROPE EVENT

PROVISIONAL PROGRAMME (LOCAL TIME)

Thursday 20th July	LEAD and SPEED registration (<i>LA SKALA – Event Venue</i>)	
	5:00 PM – 7:00 PM	Registration LEAD and SPEED all categories
	7:30 PM	Technical Meeting LEAD and SPEED
Friday 21st July	LEAD Qualification, SPEED (<i>LA SKALA – Event Venue</i>)	
	7:00 AM	Climbing gym opens
	9:00 AM	LEAD Qualification Routes A and B for Women and Men simultaneously
	4:00 PM	SPEED Practice Women and Men afterwards SPEED Qualification Women and Men
	8:00 PM	SPEED Finals Women and Men
	Afterwards	SPEED Awards ceremony
Saturday 22nd July	LEAD Semifinals, LEAD Finals (<i>LA SKALA – Event Venue</i>)	
	7:00 AM	Climbing gym opens
	7:30 AM	Isolation opens for LEAD Semifinals Women and Men
	8:30 AM	Isolation closes for LEAD Semifinals Women and Men
	9:00 AM	Semifinals LEAD Women and Men simultaneously
	4:00 PM	Isolation opens for LEAD Finals Women and Men
	4:30 PM	Isolation closes for LEAD Finals Women and Men
	6:00 PM	LEAD Finals Women then Men
	Afterwards	LEAD Awards ceremony

Note: This timetable is only provisional and subject to change any time by the organisers. Final timings will be confirmed at the technical meeting.

HEALTHCARE SYSTEM INFORMATION

Emergency local doctor during the event:

Name / Location at event venue / phone

Local healthcare system links and other useful info:

To access healthcare services, foreign athletes should obtain a European Health Insurance Card (EHIC) or equivalent documentation from their home country. This will ensure that they are covered for any necessary medical treatment during their stay. For more information on the Slovak healthcare system, please follow [this link](#).

Emergency medical service:

Faculty Hospital Žilina (7 min. from the venue by car)

Address: Vojtecha Spanyola 43, 01207 Žilina

Phone contact: +421 51 10 348, +421 7233383

Website: www.fnspza.sk

SPECTATORS

Spectators are allowed. The entry to climbing venue (spectators' area) is **free**. There is a restaurant in the competition venue building.